



VOLUNTEERS

JOIN THE TEMPO MOVEMENT



✉ hello@wearetempo.org

🖱 wearetempo.org

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WE ARE TEMPO



Tempo Time Credits are a charity. Everything we, and our volunteers, do is to achieve our charitable aims and objectives. We serve the communities of the UK and recognise the valued work of volunteers.



WHO WE ARE

We build local and national networks of organisations bringing people together in their local communities to carry out valued and important voluntary work.

Our communities do this through volunteering. Volunteers receive recognition through earning Tempo Time Credits and use them with a range of local and national recognition partners.

We work with a range of organisations to facilitate the growth and development of our community groups and partners. We enable volunteers to find new opportunities and receive recognition for their valuable contribution.

Tempo Time Credits help grow our local communities by working with funding agencies and commissioning organisations, in a co-production model. Together we establish, develop and teach models of growth and sustainability.

We build communities, with communities and for communities. This is only possible with valued and committed volunteers.

We use Tempo Time Credits to recognise the valuable contribution of everyone in our communities. Tempo Time Credits are open to all those looking to make a difference and help their community.



OUR VISION

Tempo Time Credits exists to develop a world in which communities build themselves through enabling more individuals and more diverse groups of people to volunteer and support their local communities. We seek to develop communities where paid and voluntary work are treated with equal respect.

THE BENEFITS

A REWARDING WAY TO MAKE NEW CONNECTIONS, DEVELOP NEW SKILLS & GAIN RECOGNITION AT THE SAME TIME.

Organisations can offer Tempo Time Credits to people giving their time. Tempo Time Credits earned by giving time can be redeemed on a wide range of services and activities with our recognition partners.



JOIN OUR NATIONAL NETWORK

750+ recognition partners in our network.

50,000+ people have earned Tempo Time Credits to date.

More than 1,000,000 Tempo Time Credits earned across the UK.



VOLUNTEER BENEFITS

- Earn Tempo Time Credits.
- Access to hundreds of opportunities to use Tempo Time Credits across the country.
- Make new friends and connections.
- Learn new skills, boost your CV and gain confidence.
- Earn recognition and spend time with friends and family.
- Open and transparent ongoing support from Tempo .
- Find your place in your local community and be part of the national Tempo movement.
- Help find and shape solutions to local problems affecting your neighbourhood.

HOW IT WORKS



You earn Tempo Time Credits in exchange for your time as a volunteer.

You can then use your Tempo Time Credits on activities with our local and national partners.

1. VISIT OUR WEBSITE & GET IN TOUCH:

www.weartempo.org/volunteers

or get in touch with a member of the Tempo team:

T: 029 2056 6132

E: hello@weartempo.org



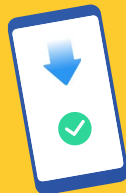
2. SIGN UP:

Sign up and create your own online Tempo Time Credits account.



4. CHECK YOUR BALANCE:

You can check how many Tempo Time Credits you have and see where you have earned and used your Tempo Time Credits in 'My Time Credits History'.



3. FIND WAYS TO VOLUNTEER:

Search for ways to help community groups and services in 'Earn Tempo Time Credits'. As a thank you, you will receive Tempo Time Credits direct to your online account.



5. ENJOY FUN ACTIVITIES

Search for fun activities you can access with Tempo Time Credits in 'Use Tempo Time Credits'. Use your Membership ID at the venue, to book in advance or get an online access code. View our recognition partners at: www.timecredits.com



6. BECOME PART OF THE TEMPO COMMUNITY:

Earn, make friends, and use Tempo Time Credits while making a difference in your community!



CASE STUDY

“With Tempo Time Credits I can do things with the kids that we wouldn’t be able to do otherwise.”

Kelly Farrington



Kelly is a single mum with two children. Her 5 and 3 year old are playing with their friends in the background at Thursdays Together, run by the Kings Hedges Family Support Project in Cambridge. Kelly has been coming to these sessions for about 20 years when she was a child herself. Since then she became a mum and continued to attend the weekly drop ins where children can play and parents can talk and share experiences, along with an opportunity to talk to Family Support Workers in a safe and comfortable space.

Thanks to Tempo Time Credits, Kelly was able to recently rent a room at a community centre to hold a big birthday party. Something she wouldn't have been able to afford without Tempo Time Credits.



The kids used to nag me to go to the movies, but I wasn't able to treat them to a film. Now I feel really happy to be able to do that.

Josephine Hunt, Project Manager at KHFSPP said “Kelly has responsibility in the group and we trust her to do a good job as a volunteer – this means that we've seen her grow a lot in confidence.”

CASE STUDY



IT'S GREAT TO GET OUT, IT HELPS WITH MY WELLBEING ... AND IT'S GREAT TO BE BACK IN THE GYM."

LES FROM EAST LANCASHIRE

Prior to becoming a full-time carer for his wife after she suffered a major stroke, Les was employed as a Manufacturing Manager. Les first got involved with the Stroke Association after his wife was invited to help with their allotment group, as this was one of her main hobbies before the stroke. Les went along and learned about Tempo Time Credits and saw it as an opportunity to engage in activities he couldn't usually afford, as a result of his personal circumstances.

LES NOW EARNS TEMPO TIME CREDITS IN MANY WAYS INCLUDING:

- Admin support in his local Stroke Association office in Nelson, helping to manage Tempo Time Credits.
- Helping to organise and run the community choir once a month.
- Helping out regularly at *Know Your Blood Pressure* events, allotment and the advice café.

HOW LES USES HIS TEMPO TIME CREDITS

Les mainly uses his Tempo Time Credits on going to the gym and taking his family on days out. He loves to treat his grandson with activities like the Puddleton Pirates indoor play area in Chorley or visiting the Blackpool Tower. Les thinks it great he can use his Tempo Time Credits in this way as he had to give up work to care for his wife. Without Tempo Time Credits he would not have been able to fund the activities himself. Les' wife's disability 'hit [them] very hard' financially and socially. Tempo Time credits means that Les can still get out and do things he enjoys, while gaining recognition for his valuable voluntary work.

"A GREAT IDEA AND OPPORTUNITY FOR BOTH PARTIES IN A WIN WIN SITUATION."

JOIN US



CONTACT US

✉ hello@wearetempo.org

☎ 029 2056 6132

GET STARTED

It's easy to sign up and you don't need any previous voluntary experience. As a volunteer you can give as much or as little time as you wish, everyone's time is valuable and you will receive Tempo Time Credits as a thank you!



WHAT TODAY MEANS TO ME IS JUST INDESCRIBABLE.

“When I found out about Tempo Time Credits, I thought it was a really amazing idea - especially for people in my position. And now we've had the opportunity to earn and use some - well, wow...what today means to me is just indescribable. I wouldn't have been able to do anything like this without Tempo Time Credits”.

Tempo Time Credits Volunteer



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